

## PRESS RELEASE For Immediate Release

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### Former BET On-Air Host Releases Book about her Personal Journey Into Single Motherhood

*"Malonda Richard's honest and insightful look into her journey to motherhood is a revelation for all who read it—man or woman! What Malonda shares with the reader will most likely strike a chord that will resonate for a while after being read. A great book for expectant dads!" Malik Yoba, actor and author of **Please Return My Phone Call: Preventing The Demise Of Personal And Professional Relationships***

**Brooklyn, NY (June 19, 2007)**—New York author Malonda Richard has basked in success during many roles in her life as a TV host, motivational speaker and documentary filmmaker. Ms. Richard, who often interviews celebrities and notable professionals, admits her most challenging task to date has undoubtedly been revealing the intimate details of her pregnancy in her new book, ***My Life Isn't Perfect But Thank God My Baby Is***. From her personal reflections on becoming a mother, the first time author has created ***My Life Isn't Perfect But Thank God My Baby Is*** (ISBN-978-1-932279-60-3; U.S. \$15) as a celebration of her journey to motherhood. The book launched in early June during **Book Expo America 2007** in New York City and has already received praise from notable authors such as **Dr. Leah Klungness** and **Kenji Jasper**.

After discovering that books which chronicle single mother pregnancies were scarce to non-existent, I felt compelled to publish my pregnancy journals," says Ms. Richard. Navigating pregnancy is uncharted territory for all women, but deciding to become a single mother creates it's own unique set of challenges and blessings.

According to the **US Census Bureau**, there are currently 10.4 million single mothers who are raising children under the age of 18.

The former Black Entertainment Television (BET) host of "**Out the Box**" and "**BET: NEXT**", who holds a master's degree in Interactive Telecommunications from New York University, has also created an accompanying

website for the book, [www.mylifeisntperfect.com](http://www.mylifeisntperfect.com). Visitors to the website can find event listings, photos, videos and pregnancy tips.

Today this multi-tasking mom exchanges roles as filmmaker, activist and media personality as easily as others might change a garment. But back in 2002, things were a bit different when Ms. Richard became pregnant and found she was facing single motherhood without the consistent support of her child's father.

"I conceived the idea of ***My Life Isn't Perfect...*** a couple of months after my daughter Ameerah was born," remembers Ms. Richard. "Initially I began writing the book as a series of letters, journals and poems for my unborn child so that she would be aware of my experiences prior to becoming a mother. Three years later I had over 300 pages of transcribed journals and a burning desire to get them published by any means necessary."

The self-proclaimed perfectionist has blended poems, journal entries and personal photos to chronicle her introspective observations, in an effort to prepare other women who find themselves taking the single motherhood route. Ms. Richard's ideas about motherhood being a constantly evolving journey come through clearly in the book and readers will instantly connect with her. "My biggest mission is a universal one—how to balance motherhood while managing a career," says Ms. Richard. "My motto is '*a baby is a blessing not a burden.*'"

***My Life Isn't Perfect...*** is an informative, humorous and refreshingly honest exploration of pregnancy and giving birth. Written as an inspirational tribute to women everywhere, it is also an opportunity for men to learn more about what a woman might go through during her pregnancy. Readers will enjoy the candid approach Ms. Richard has taken in her message of embracing all of motherhood's joys and challenges.

***My Life Isn't Perfect...*** is published by **Baby Tree Books**, an imprint of **Wyatt-Mackenzie Publishing**, which has been publishing mom authors for nearly a decade.

Ms. Richard is available for speaking and interviewing opportunities. For more information please contact her directly at [Malonda@mylifeisntperfect.com](mailto:Malonda@mylifeisntperfect.com).

***My Life Isn't Perfect But Thank God My Baby Is*** is available online at [www.amazon.com](http://www.amazon.com) and on [www.mylifeisntperfect.com](http://www.mylifeisntperfect.com).